

Dear Readers,

The weekly newsletter is on vacation this week and the full version will resume next Sunday.

In the meantime, check out our recent articles on [flu shot options for 2019-2020](#), November 8 updates to the [heartburn drug ranitidine recalls](#), and [valsartan/losartan/irbesartan](#) blood pressure drug recalls.

For more topics, check out the [Feature Articles](#) index on our web site.

On Friday, November 8, the U.S. Centers for Disease Control (CDC) announced new findings related to their investigation of vaping-related illness: "**Recent CDC laboratory testing from 29 patients submitted to CDC from 10 states found vitamin E acetate in all of the BAL fluid samples...This is the first time that we have detected a potential chemical of concern in biologic samples from patients with these lung injuries.**"

Read the status report and recommendations for e-cigarette users:

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/severe-lung-disease.html#what-is-new](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html#what-is-new)

For more news, check out these news feeds on our web site:

[General Healthcare and Drug News](#)

[Mental Health News](#)

[Seniors Health News](#)

[Children's Health News](#)

[HIV/AIDS News](#)

[FDA News](#)

Thinking about getting the new Shingrix vaccine for preventing shingles (herpes zoster)? [Read 21 patient reviews](#) and if you have had the shot, contribute your experience.

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[admin@askapatient.com](mailto:admin@askapatient.com)

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