Here are some recent health care stories from AskaPatient's news feed:

- Millions without heart disease take a daily aspirin to prevent heart attacks but shouldn't

According to a recent Harvard study published in *JAMA Neurology*, patients who were taking low-dose aspirin *without* having any heart disease had an increased risk for bleeding within the skull.

- FDA added a black box warning for ulcerative colitis and rheumatoid arthritis (RA) drug

For Xeljanz (tofacitinib) and Xeljanz XR, 10-mg twice-daily dose a new warning will be on the label about higher risk of blood clots or death. Read patient Reviews of Xeljanz.

- Allergan is recalling textured saline and silicone breast implants

The worldwide recall is because of an increased risk of a kind of lymphoma due to these implants. Questions and answers about breast implants and the risk for anaplastic large cell lymphoma are answered at this <u>FDA page</u>.

- Severe hypoglycemic attack can now be treated with a powder inhalant

FDA approved Bagsimi single-use nasal powder, which will be an alternative to using an injection.

- Large CBD company receives FDA warning

Curaleaf Inc. received an FDA warning letter for making unapproved health claims about its cannabidiol products, including CBD oil and veterinary products, which were being sold online and at dispensaries. Claims that the products could treat cancer, Alzheimer's disease, opioid withdrawal, pain, and pet anxiety were cited in the letter. The product listings have been recently been removed from their online store. (Read more about cannabidiol on our web site article.)

-New lung cancer drug gets nod from European Medical Association (EMA)

Roche's cancer immunotherapy Tecentriq, in combination with chemotherapy was recommended for approval in the E.U. as an initial treatment for adults with extensive-stage small cell lung cancer as well as initial treatment for the most common form of advanced lung cancer.

- Pharma industry reps met with President Trump to oppose a bill that aims to lower drug prices

The bipartisan Senate bill aims to lower drug prices by forcing pharmaceutical companies to pay rebates to Medicare if they raise prices above the rate of inflation. PhRMA called the legislation "wrong approach" to lowering drug prices.

- <u>Strains of malaria are becoming drug-resistant in parts of southeast Asia, including Cambodia</u> according to new study in the *Lancet Infectious Diseases*.
- Babies are increasingly being given screens, despite experts' advice against it

Young children "are spending almost an hour per day in front of a screen before they turn one" according to this University of Queensland study.

- Think twice about correcting your vision with monovision – especially when driving

Many people use the "monovision" option, such as wearing one contact lens for distance vision and one for reading. However, a recent study suggests monovision can cause dramatic (and sometimes dangerous) misperceptions of the distance and 3D direction of moving objects. What's more, the farther away the objects are

and the faster they move, the larger the misperceptions become.

- Moms living near hydraulic fracking sites had more depression and anxiety during pregnancy

Researchers looked at 7,715 mothers without anxiety or depression at the time of conception, who delivered at the Geisinger Health System in Pennsylvania between January 2009 and January 2013.

- Merck's small study experiments with an implantable drug in the arm for prevention of HIV

The drug was tested in just a dozen subjects for 12 weeks. Researchers say this could be a "game changer" in the battle against HIV. An implant might only need to be replaced once a year, whereas a pill like Truvada, given to patients at high risk of HIV, is a once-a-day pill.

- Even mild concussions can result in temporary loss of smell

People who suffer even a mild concussion can find it difficult to identify smells in the day that follows, and have anxiety problems a year later, a new study finds.

- FDA approves generic versions of Pfizer's Lyrica (pregabalin)

Nine companies received approval to sell pregabalin, including Teva, Alkem, and Dr. Reddy's Pharmaceuticals. Originally approved in 2004, the drug treats neuropathy and fibromyalgia and certain seizures.

- A U.S. District court judge is reviewing the settlement agreement of the CVS-Aetna merger

Even though the \$69 billion deal was approved by the Department of Justice last year and Aetna has sold off its prescription drug plan business in order to address antitrust concerns, groups like the American Medical Association (AMA) and the AIDS Healthcare Foundation (AHF) are still opposed to the merger. In an unusual hearing, a U.S. District court judge is reviewing the DOJ decision. AMA says patient premiums will still rise, and the AHF warns how this will affect specialty pharmacies. "When the health plan, PBM, and pharmacies all merge – as they do here – they create an 800-pound gorilla that can and does keep vulnerable patients from accessing their pharmacy of choice and forces them to accept worse services at higher costs." More on this news

Coming soon: Surgeon and surgery research

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