Here are this week's health care news highlights from AskaPatient:

- Recent increase in vocal-cord cancer in young adults is linked to the same virus that causes cervical cancer. http://ow.ly/zCTC30nEedu (02-11-19)
- Pfizer Japan recalls blood pressure medication after finding cancer-causing impurity. http://ow.ly/wS6r30nEekn (02-11-19)
- Experimental drug successfully treats patients with six different forms of cancer by killing tumors from the inside. http://ow.ly/WfH930nEevq (02-11-19)
- Two pharmaceutical companies follow Amgen in slashing cholesterol drug price by 60 percent. http://ow.lv/4hi730nFhRM (02-12-19)
- Half a million breast cancer deaths have been averted over the last 30 years thanks to early detection and treatment. http://ow.ly/tUzV30nFhSs (02-12-19)
- Removing the stress and approaching surgery as a hobby may be the best way to train new surgeons, small study says. http://ow.ly/Kgrj30nFhTc (02-12-19)
- FDA cracks down on companies illegally claiming their supplements can treat Alzheimer's and other diseases. http://ow.ly/UUfc30nG8Mv (02-13-19)
- Scientists design insulin-producing stem cell clusters that can be transplanted into a pancreas as a potential cure for diabetes. http://ow.lv/Ris530nG8Xs (02-13-19)
- Sleep apnea should be considered a low-grade chronic inflammatory disease, according to a recent study. http://ow.ly/2jMd30nG91D (02-13-19)
- Al proves more accurate at diagnosing pediatric illness than junior doctors, but was outperformed by seasoned doctors. http://ow.ly/MtVv30nH2cr (02-14-19)
- Multidrug-resistant tuberculosis is cleared from the lungs faster with the help of vitamin D. http://ow.ly/ADB130nH2eJ (02-14-19)
- Artificial muscle-like micromachines can mechanically stimulate cells for targeted therapy and preventing disease. http://ow.ly/stKR30nH2mG (02-14-19)
- A small study marks the first attempt at "senolytics" or clearing the body of old cells in order to slow aging. http://ow.ly/W4Ye30nHSXI (02-15-19)
- Drinking two or more diet sodas per day increases risk of stroke and heart attack in women over 50. http://ow.ly/REXD30nHU3B (02-15-19)
- Paying people to participate in studies is a good way to get more involvement, but some participants lie about eligibility. http://ow.ly/SQTF30nHU7S (02-15-19)
- Nearly 1,000 children have died from measles in Madagascar since October, WHO reports. http://ow.ly/Enxh30nIF9b (02-16-19)
- People with high exposure to the contentious chemical glyphosate have a 41 percent greater risk of non-Hodgkin lymphoma. http://ow.lv/SEBm30nIFen (02-16-19)

Please Vote in our Opinion Poll:

Which of the following actions to curb e-cigarette use by youths would you support the MOST?

1. Require that e-cigarettes be FDA-regulated as a nicotine replacement therapy

- 2. Eliminate easy access to flavored versions
- 3. Raise the minimum age from 18 to 21 for purchasing nicotine-containing products
- 4. More restrictions on advertising
- 5. Other

CLICK TO VOTE!

Each of the options have received votes, but two stand out as being most preferred by our readers so far. Check out the results (if you've voted already) and under "Related Articles," find out your state's e-cigarette youth access policy:

https://www.askapatient.com/resources/healthcarepoll.asp?PollID=79

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