

Here are this week's healthcare news highlights from AskaPatient:

- Twenty years of research yields HIV vaccine that works on nonhuman primates, though human trials are still far off. <http://ow.ly/vflx30n0tFP> (12-17-18)
- Sweden expands smoking ban to most public places with plans to become smoke-free by 2025. <http://ow.ly/QbBq30n0tS8> (12-17-18)
- Seven states now have obesity rates greater than 35 percent, up from two just 12 years ago. <http://ow.ly/vWaP30n0tW2> (12-17-18)
- Disease model sheds light on how mutant insulin disrupts the development of normal cells to cause diabetes in newborns. <http://ow.ly/8xZr30n1tPP> (12-18-18)
- New cervical cancer test outperforms both Pap smear and HPV tests with a 100 percent detection rate. <http://ow.ly/Hr4R30n1tRJ> (12-18-18)
- CBD, a component in marijuana, appears to counter the positive effect that THC has on glaucoma by raising eye pressure. <http://ow.ly/D3Z030n1tSh> (12-18-18)
- Lack of sleep is linked to weight gain, but instead of a bigger appetite, it just makes it harder for us to resist junk food. <http://ow.ly/ZMvV30n2kx6> (12-19-18)
- Barbershop program to reduce blood pressure is still working a year later. <http://ow.ly/zhZ230n2kAh> (12-19-18)
- Today's children reach bone maturity earlier than in the past, updated treatment guidelines may be necessary. <http://ow.ly/buTV30n2nqF> (12-19-18)
- This discovery could lead to a treatment that prevents late onset Alzheimer's in 50 to 80 percent of people at risk. <http://ow.ly/qeq930n3fq7> (12-20-18)
- New compound blocks the main genetic cause of both Lou Gehrig's disease and one type of dementia. <http://ow.ly/6Vv230n3fvx> (12-20-18)
- Hepatitis C virus is eliminated with a new drug that also shows promise of treatment against fungi, bacteria, and cancer cells. <http://ow.ly/Pqd830n3fGc> (12-20-18)
- CDC urges healthcare providers to include nerve agent treatment as part of their emergency preparedness plan. <http://ow.ly/aluJ30n48YI> (12-21-18)
- People with signs of cognitive decline can improve their brain function after just 6 months of walking. <http://ow.ly/fPXA30n496C> (12-21-18)
- Scientists insert a rabbit gene into a household plant to make it filter out harmful pollutants in homes. <http://ow.ly/oXNT30n49bM> (12-21-18)
- Globally, adults have a one in four risk of having a stroke in their lifetime, but there is a 'startling' difference in risk between countries. <http://ow.ly/vkGu30n49iQ> (12-22-18)
- Medical team develops artificial intelligence system that taught itself to diagnose a life-threatening type of stroke. <http://ow.ly/Hzyb30n5zhn> (12-22-18)

Next week's newsletter will feature the **2018 year-end health care roundup**. **Happy holidays** from AskaPatient!

Send newsletter feedback or suggestions to AskaPatientNews@askapatient.com

Subscribe at <https://www.askapatient.com>

[unsubscribe from this list](#)



Copyright © *|CURRENT_YEAR|* AskaPatient ®