Here are this week's health care news highlights from AskaPatient:

- 'Financial toxicity' of breast cancer causes financial burdens that accumulate for years after remission. http://ow.ly/OK4x30lyTpf (08-27-18)
- Oklahoma tries new strategy of paying for prescriptions based on how well the medication works. http://ow.ly/kmFl30lyTvY (08-27-18)
- CDC says fentanyl drove overdose deaths to a record high in 2017 over 200 deaths per day. http://ow.ly/H85g30lyTxK (08-27-18)
- Kansas-based meat company recalls 25,000 pounds of beef from Colorado plant for possible E. Coli contamination. http://ow.lv/mLXv30lvTBL (08-28-18)
- Aspirin helps prevent a second heart attack or stroke, but isn't worth the risk for most other people. http://ow.ly/fqfu30lyTli (08-28-18)
- A genetic variant may be responsible for chronic pain after physical trauma. http://ow.ly/mjz130lzUqN (08-28-18)
- Short or fitful nights of sleep can cause asymptomatic hardening of arteries over time. http://ow.ly/EC1z30lzUtx (08-29-18)
- Experts suggest less condom use is causing STD rates to continue to skyrocket in the U.S. http://ow.lv/GNHC30IASqi (08-29-18)
- Chinese study adds intelligence to the list of things negatively impacted by air pollution. http://ow.ly/TYPY30IASwC (08-29-18)
- Suicide and drug overdose deaths pass diabetes at the seventh leading cause of death in America. http://ow.ly/YaEu30IASCu (08-30-18)
- Neuroscientists discover a way to spur new functional nerve cells to grow through scar tissue to treat spinal injuries. http://ow.lv/wY4v30IBWrU (08-30-18)
- Breast cancer surgery often does more harm than good for nursing home residents. http://ow.ly/By9u30IBWuR (08-30-18)
- Automated AI tool gets FDA approval after outperforming doctors in identifying diabetic retinopathy. http://ow.ly/yxVY30ICSP8 (08-31-18)
- UK considers banning energy drinks to children in Britain and has begun seeking opinions on the subject. http://ow.ly/7SWZ30ICTOK (08-31-18)
- New compound is more effective than morphine at relieving pain and doesn't cause an addictive high. http://ow.ly/Zrdr30ICT5d (08-31-18)
- Researchers begin investigating the huge proportion of venomous animals for new life-saving treatments. http://ow.ly/VyDZ30ICTnX (09-01-18)
- New therapy for Duchenne muscular dystrophy may be on the horizon thanks to CRISPR gene editing. http://ow.ly/qBRo30lEjuT (09-01-18)

From AskaPatient: Osteoporosis drugs taken by seniors ranked by number of patients

Drugs Prescribed for Osteoporosis

Number of

Brand Ingredient Medicare

patients

Fosamax ALENDRONATE SODIUM 1,653,000

Evista RALOXIFENE HCL 241,000

Boniva IBANDRONATE SODIUM 195,600

Prolia DENOSUMAB 122,000
Forteo TERIPARATIDE 32,000

Number of Medicare (part D) patients taking each drug (including generic versions), 2016. From Center for Medicare Services (CMS database).

Click drug name to read reviews of patients (all ages) taking the drug for these common reasons:

- Osteoporosis prevention (Fosamax) or for osteopenia (Boniva). Both drugs are bisphosphonates.
- Osteoporosis prevention (Prolia). Prolia is a rank ligand inhibitor injectable drug.
- Treating severe osteoporosis (Forteo). Forteo is a calcium metabolism injectable drug.
- Breast cancer prevention (Evista). Evista is an estrogen/progestin.

If you are reading this newsletter on a mobile device, please check out the **new layout** for the drug reviews pages! You may now view multiple drug reviews per page and easily sort and filter results.

For example, if you are only interested in reading *Prolia reviews for patients experiencing back pain*, from the main <u>Prolia</u> review page with 174 ratings, click "Filter/Sort Results." Type in "back pain" under side effects, then click the blue "Filter Results" button, and you will be presented with 24 matching results for patients experiencing <u>back pain after taking Prolia</u>. Then to return to the complete set of drug results, simply click "Clear Filter." We would love to know your opinion about the new layout. Please send feedback or suggestions using the <u>Contact Us</u> page or send an email to contact@askapatient.com.

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