

**Here are this week's health care news highlights from AskaPatient:**

- In a region where diarrhea kills hundreds of thousands of children every year, a rotavirus vaccine can cut mortality by a third, study says. <http://ow.ly/xFYy30IndW6> (08-13-18)
- Work days lost due to mental health cost the economy billions of dollars every year, Penn State study suggests. <http://ow.ly/UMa430Ine0x> (08-13-18)
- Reducing salt intake does not have any cardiovascular benefit for most people. <http://ow.ly/IS4y30Ine8Y> (08-13-18)
- A healthy diet is difficult for many people to attain, but researchers propose policy changes that may help. <http://ow.ly/1VRu30lojoR> (08-14-18)
- New genetic testing can predict risk for common deadly diseases, which could aid in preventive care. <http://ow.ly/wGcC30lojqq> (08-14-18)
- Asbestos has been found in certain crayons again, manufacturer requests review of testing methods. <http://ow.ly/vd1a30lojK1> (08-14-18)
- Georgetown University makes large collection of brain cancer data freely available for researchers across the globe. <http://ow.ly/wXPV30lphH1> (08-15-18)
- Marketing for adult diapers may falsely lead people to believe incontinence is normal and to be expected. <http://ow.ly/pPOx30lphQN> (08-15-18)
- Is there more than one kind of ADHD? Separate from genetic factors, mild traumatic brain injuries appear to trigger the condition as well. <http://ow.ly/1eIW30lpi0d> (08-15-18)
- Light-emitting nanoparticles could provide a safe alternative for imaging deep tissues using light weaker than a laser pointer. <http://ow.ly/caLo30lqkUQ> (08-16-18)
- Scientists are able to block itch signals to relieve chronic itchiness which affects about 10 percent of people. <http://ow.ly/DoAR30lqkYd> (08-16-18)
- Elephants have a 'zombie gene' that aggressively kills off damaged cells, thereby protecting them from cancer. <http://ow.ly/PQNo30lql3x> (08-16-18)
- Teva's generic version of Mylan's EpiPen will soon hit the U.S. market following FDA approval. <http://ow.ly/LvA230lrc2d> (08-17-18)
- New study finds first link between prenatal exposure to DDT and autism with intellectual disability. <http://ow.ly/JaYN30lrcb8> (08-17-18)
- Weedkiller glyphosate has been found in dozens of breakfast foods containing oats. <http://ow.ly/GmRS30lrcsW> (08-17-18)
- Many high-income countries have recently seen a decline in life-expectancy. In the U.S., it is largely among younger people. <http://ow.ly/VvJL30lrcJj> (08-18-18)
- Poor mouth condition in elderly patients increase their risk of death from pneumonia. <http://ow.ly/hJsv30lsf6Z> (08-18-18)

**From AskaPatient: Breast cancer treatments linked to neuropathy side effects**

It is well-known that chemotherapy drugs like [Taxol](#) often cause neuropathy side effects in the body. This condition is characterized by numbness, tingling, or burning in extremities like the hands, fingers, and feet. But other drugs used in conjunction with breast cancer treatment may also have neuropathy symptoms associated with them.

Tamoxifen, a commonly prescribed breast cancer drug, does not have reports of neuropathy side effects in our database, but the **estrogen-blocking aromatase inhibitors** listed below do. The official drug labels for the aromatase inhibitors include the terms “dysesthesia,” “hypesthesia,” and “paresthesia,” which refer to a decreased sensitivity to touch. Based on AskaPatient and some FDA user reports, however, some patients using these breast cancer drugs are experiencing more severe nerve-related symptoms. Click drug name to read AskaPatient examples.

#### [Arimidex](#) – neuropathy side effects

Anastrozole (brand name **Arimidex**) was approved in 1995.

The aromatase inhibitor anastrozole is approved to be given to postmenopausal women as initial therapy for metastatic or locally advanced hormone-sensitive breast cancer. This medication is also used to treat breast cancer in women whose cancer has worsened after taking tamoxifen.

#### [Femara](#) – neuropathy side effects

Letrozole (brand name **Femara**) was approved in 1997.

Like anastrozole, letrozole treats early breast cancer in post-menopausal women who have had other treatments, such as radiation or surgery to remove the tumor. It is also used to treat early breast cancer in women who have experienced menopause and who have already been treated with tamoxifen for 5 years.

#### [Aromasin](#) – neuropathy side effects

Exemestane (brand name **Aromasin**) was approved in 1999.

This drug treats patients with estrogen-receptor positive early breast cancer who have received two to three years of tamoxifen and are switched to AROMASIN for completion of a total of five consecutive years of hormonal therapy.

Contact AskaPatient at [admin@askapatient.com](mailto:admin@askapatient.com)

Send newsletter feedback or suggestions to [AskaPatientNews@askapatient.com](mailto:AskaPatientNews@askapatient.com)

[unsubscribe from this list](#)



Subscribe at [www.AskaPatient.com](http://www.AskaPatient.com)

Copyright © *\*|CURRENT\_YEAR|\** AskaPatient ®