

Here are this week's health care news highlights from AskaPatient:

- What's ailing you? Speak quickly, because your doctor will interrupt in a few seconds. <http://ow.ly/mQgj30l3Yc8> (07-23-18)
- One of the most common shoulder surgeries was no better than a placebo surgery in a Finnish study. <http://ow.ly/9iMc30l3YjE> (07-23-18)
- CPR training needs an overhaul, with shorter but more frequent training opportunities, doctors say. <http://ow.ly/hxFu30l3YqT> (07-23-18)
- Wearable patch measures stress hormone levels while you sweat. <http://ow.ly/si6z30l3Ywa> (07-24-18)
- Scientists believe they have uncovered the secret to reversing age-related hair loss and wrinkles. <http://ow.ly/KGUo30l3YCe> (07-24-18)
- Rising temperatures could lead to thousands more suicides in the U.S. and Mexico. <http://ow.ly/Jn6A30l5rih> (07-24-18)
- Non-invasive brain stimulation during sleep improves memory the following day without disrupting sleep. <http://ow.ly/Erhf30l5rj2> (07-25-18)
- Finding a connection between smell and memory points researchers towards early Alzheimer's detection. <http://ow.ly/SIn930l5rjG> (07-25-18)
- This small Mexican town struggles to get any clean water, but has access to plenty of Coca-Cola. <http://ow.ly/jk3F30l5rAE> (07-25-18)
- Cancer patients often feel like their doctors do not adequately address the financial burden of treatment costs. <http://ow.ly/8Cyn30l5rG4> (07-26-18)
- A slower metabolism isn't to blame for weight gain as we get older - we just get less active. <http://ow.ly/32IL30l7zMe> (07-26-18)
- Aggressively lowering blood pressure could help protect people from mild cognitive impairment. <http://ow.ly/rfXQ30l7zOe> (07-26-18)
- Discovery of how diabetes causes disease introduces new possibilities for treatment. <http://ow.ly/CXgR30l7zRI> (07-27-18)
- Commonly prescribed painkillers and sleep medications triple harmful side effects in dementia. <http://ow.ly/lz4G30l7zU7> (07-27-18)
- Just 10 minutes of social interaction every day improves wellbeing in dementia patients. <http://ow.ly/7eCo30l9ZQh> (07-28-18)
- If you get lightheaded when you stand up, you may be at greater risk of developing dementia decades later. <http://ow.ly/TPv230l9ZSG> (07-28-18)
- North Carolina study shows former inmates are 40 times more likely to overdose from opioids than the general population. <http://ow.ly/V4cl30l9ZU9> (07-28-18)

Wishing a happy and healthy summer to all of our subscribers. AskaPatient's feature article will return next week!

Contact AskaPatient at admin@askapatient.com
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