

**Here are this week's health care news highlights from AskaPatient:**

- FDA issues first ever recall of a medical device due to potential vulnerability to cyber threats. <http://ow.ly/y7y530j98pg> (03-26-18)
- Tighter regulation over which substances outsourcing facilities can use to produce bulk medicines called for by FDA. <http://ow.ly/7Btj30j98yj> (03-26-18)
- Endurance decreases with age, but researchers were able to reverse this with a compound that promotes blood vessel growth. <http://ow.ly/YOXB30j98AW> (03-26-18)
- Canadian researchers say taking a daily ibuprofen can help prevent the onset of Alzheimer's disease. <http://ow.ly/xfCi30jaucn> (03-27-18)
- Recent study challenges previous findings that antidepressants should be discontinued during breastfeeding. <http://ow.ly/fzvb30jaudx> (03-27-18)
- Simple bedside chart system was better at managing cancer patients' pain levels than conventional care. <http://ow.ly/6XAI30jauew> (03-27-18)
- UK medical students say they learn nearly nothing about nutrition, despite billions in healthcare spending on diabetes. <http://ow.ly/39AR30jbMF1> (03-28-18)
- Worldwide antibiotic use is way up despite efforts to limit prescriptions, largely from rising use in poorer countries. <http://ow.ly/BJMb30jbMOY> (03-28-18)
- New finding sheds light on why we often have trouble getting enough sleep as we age and could pave the way for treatment. <http://ow.ly/nsSi30jbNdM> (03-28-18)
- New study suggests half of vision impairment in first world Western European countries is preventable. <http://ow.ly/B3S730jbPIP> (03-29-18)
- Prosthetic memory system is able to help the brain encode and recall memories in a pilot study. <http://ow.ly/pF2c30jcZrW> (03-29-18)
- Not only have scientists discovered a new 'organ' in the body, but it may also be implicated in the spread of cancer. <http://ow.ly/lpSI30jcZDz> (03-29-18)
- Prices of the most common Medicare drugs have risen 10 times faster than inflation over the past 5 years. <http://ow.ly/nCFY30jflLaa> Also see *chart at the end of this newsletter*. (03-30-18)
- Dragonfly wings inspire scientists to develop an antibacterial nano-coating that rips bacteria apart on contact. <http://ow.ly/PQb930jeh4Q> (03-30-18)
- UK man diagnosed with world's worst case of "super-gonorrhea", which the main antibiotic treatment was unable to cure. <http://ow.ly/JQUn30jeh99> (03-30-18)
- New technique that tightens up mucous barriers could lead to a hormone-free contraceptive with no side effects. <http://ow.ly/35At30jehgS> (03-31-18)
- Adult-onset neurodegenerative diseases may have roots in early developmental defects. <http://ow.ly/UyV530jflL8t> (03-31-18)
- Coffee sellers in California must put a cancer warning on their coffee, judge says. <http://ow.ly/Xa3H30jflL8K> (03-31-18)

**Popular Drug Searches (click to link to AskaPatient drug ratings)**

<b>Medication</b>	<b>Treatment</b>
<a href="#">Flonase</a>	Allergies
<a href="#">Buspar</a>	Anxiety
<a href="#">Amoxicillin</a>	Antibiotic
<a href="#">Tamiflu</a>	Flu
<a href="#">Prolia</a>	Osteoporosis
<a href="#">Lisonopril</a>	High Blood Pressure
<a href="#">Zantac 150</a>	Acid Reflux/GERD
<a href="#">Brintellix</a>	Depression
<a href="#">Lexapro</a>	Depression
<a href="#">Hydrochlorothiazide</a>	High Blood Pressure

**Happy Spring Holidays!**

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